**Dyslexia Screening Quiz for High School Students**

*(Confidential — Answer honestly)*

**Instructions:**

Read each statement carefully and answer **"Yes", "Sometimes", or "No"** depending on how often it applies to you.

**Section 1: Reading and Writing**

1. I often skip or repeat words when reading aloud.
2. I have trouble understanding what I read, even when I read slowly.
3. I confuse letters that look similar (like **b/d**, **p/q**, **m/w**).
4. I mix up the order of letters when reading or writing (like **"from"** and **"form"**).
5. My spelling is inconsistent or often incorrect, even with simple words.
6. I have difficulty sounding out unfamiliar words.
7. I find it hard to read aloud without hesitating or guessing.

**Section 2: Language and Memory**

1. I often struggle to find the right word when speaking.
2. I forget what I just read or heard, even if I paid attention.
3. I confuse directions (left/right) or sequences (like days of the week).
4. I have trouble following multi-step instructions.
5. I sometimes mispronounce long or unfamiliar words.
6. I get words mixed up when talking (e.g., saying "calendar" instead of "calculator").

**Section 3: School Performance and Learning Habits**

1. I avoid reading or writing assignments when possible.
2. I need more time than my classmates to complete reading or writing tasks.
3. I find note-taking during lectures especially difficult.
4. I often lose track of what I’m writing when writing longer pieces.
5. I feel frustrated or anxious about reading out loud in class.

**Scoring (Self-Reflection Purpose Only):**

* **Mostly “Yes” answers (10+):** You may be experiencing signs that are commonly associated with dyslexia. Consider talking to a school counselor or specialist for an evaluation.
* **Some “Yes” or “Sometimes” (5–9):** You may have some learning challenges worth exploring further.
* **Few or no “Yes” answers (0–4):** Dyslexia is less likely, but if you're struggling, it’s still worth discussing with a teacher or counselor.

**Optional Open-Ended Questions:**

* What subjects do you find most challenging and why?
* How do you usually feel about reading or writing assignments?
* Is there anything you’ve found that helps you understand or remember what you read?